

## Sample Search in CINAHL Complete

Below is a sample search in CINAHL Complete. This tutorial will help you to learn the basics of searching in the EBSCOhost system. For the purposes of this example, the search is focused on childhood health, in particular as it is related to nutrition and physical activity.

Start your search with a keyword search to see what initial results are returned. In this example, a keyword search was done for “nutrition.” To do a keyword search in EBSCOhost, simply type a word into your first keyword box and leave the box to the right set at **Select a Field (optional)**. No limits are set on the search initially, so that you can see what comes up in your results.

The screenshot shows a web browser window with the URL [web.a.ebscohost.com/ehost/search/adv](http://web.a.ebscohost.com/ehost/search/adv). The page title is "Advanced Search: EBSCOhost". The search interface includes a search bar with the text "nutrition" and a dropdown menu set to "Select a Field (optional)". There are three additional search boxes, each with an "AND" dropdown and a "Select a Field (optional)" dropdown. A green "Search" button is visible. Below the search bar, there are links for "Create Alert" and "Clear". The page also features a navigation bar with "New Search", "Publications", "CINAHL Headings", "Evidence-Based Care Sheets", and "More". The EBSCOhost logo is on the left, and the Madonna University Library logo is on the right. The "Search Options" section is expanded, showing "Search Modes and Expanders" with radio buttons for "Boolean/Phrase", "Find all my search terms" (selected), "Find any of my search terms", and "SmartText Searching". There are also checkboxes for "Apply equivalent subjects", "Apply related words", and "Also search within the full text of the articles". A "Reset" button is located in the top right of the "Search Options" section.

Click **Search** to begin. Once your results come up review them carefully. Note that keyword searches will retrieve large amounts of results and so it is helpful to locate subject headings to focus the search.

You can scroll through the first 10 or 20 articles to see what you have retrieved. Check the detailed records for the abstracts and the subject headings. Note the subject headings on articles of interest. This will help define key terms for you that are used in the database. When you use the subject headings, you will find more relevant articles. If you look at the subjects listed under the citations in your results list, you will see that in this search, **nutrition services** is a subject heading, as well as **public health**.

The screenshot shows a web browser window displaying the EBSCOhost search results for the term "nutrition". The browser's address bar shows the URL "web.a.ebscohost.com/ehost/results". The search interface includes a search bar with "nutrition" entered, a "Search" button, and options for "Select a Field (optional)", "Create Alert", and "Clear". Below the search bar, there are tabs for "Basic Search", "Advanced Search", and "Search History".

The search results are displayed in a list format. The first result is titled "1. Analysis of Current Status on a New Public Health Nutrition Service Pattern in China: A Nutrition Outpatient Clinic-Based Study." It includes the authors "Jin, Yunpeng; Li, Xiaolin" and the journal "BioMed Research International". The second result is titled "2. New Nutrition Guidelines: Promoting Enteral Nutrition via a Nutrition Bundle." The page also features a "Refine Results" sidebar on the left with options for "Current Search", "Find all my search terms", and "Limit To" (Full Text, References Available, Abstract Available). On the right side, there are sections for "Newswires" and "Web News".

Use the subject headings to find more relevant articles and for alternate terms to search for your topic of interest.

Another way to locate subject headings is to use the **Subject: Major Heading** limit to the left of your results. Under **Refine Results** you will see a series of limits. If you click on the heading **Subject: Major Heading**, you will be given some subject headings that you can use that are related to your search. Note that for this search, **nutrition**, **diet** and **nutrition education** are all listed as subject headings as well as **health promotion**.

The screenshot shows a web browser window displaying search results on EBSCOhost. The address bar shows 'web.a.ebscohost.com/ehost/results?vid'. The page features a left sidebar with filters, a main content area with two article listings, and a right sidebar with 'Web News'.

**Filters (Left Sidebar):**

- Publication Date: 1937 to 2018
- Source Types:
  - All Results
  - Academic Journals (67,252)
  - Magazines (14,202)
  - CEUs (1,654)
  - Dissertations (364)
  - Books (11)
- Subject: Major Heading:
  - nutrition (12,285)
  - diet (8,120)
  - enteral nutrition (5,202)
  - nutrition education (4,602)
  - obesity (3,421)
  - health promotion (3,418)
- Publication
- Publisher
- Language

**Article 2:**

**2. New Nutrition Guidelines: Promoting Enteral Nutrition via a Nutrition Bundle.**

(includes abstract) VanBlarcom, Ashleigh; Critical Care Nurse, Jun2018; 28(3): 46-52. 7p. (Article) ISSN: 0279-5442

**Subjects:** Health Promotion; Enteral Nutrition; Practice Guidelines; Malnutrition Prevention and Control; Malnutrition Complications; Nutritional Support

**Cited References:** (30)

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**Article 3:**

**3. A call to action for optimizing the electronic health record in the parenteral nutrition workflow.**

(includes abstract) Vaneek, Vincent W.; Ayers, Phil; Kraft, Michael; Bouche, Jean M.; Do, Van T.; Durham, Charles W.; Guenter, Peggy; Hoggie, Lindsey; Kent, Sue; Lin, Emily T.; Molinar, L. Steven; Plogsted, Steven W.; Poehls, Jessica M.; Turner, Peggy. American Journal of Health-System Pharmacy, 9/15/2018; 75(18): 1400-1420. 21p. (Article) ISSN: 1079-2082

**Subjects:** Parenteral Nutrition; Patient Record Systems

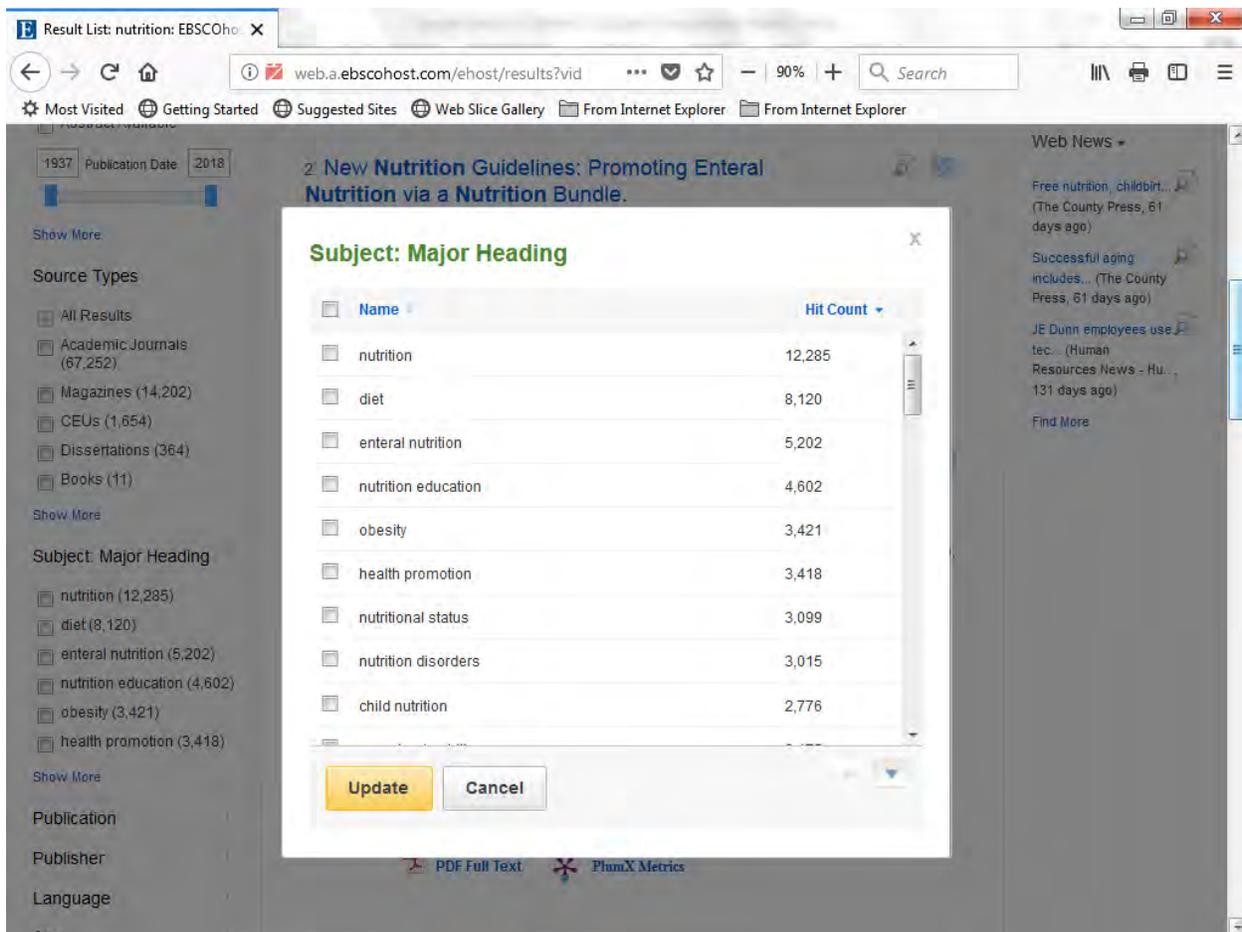
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**Web News (Right Sidebar):**

- Free nutrition, childbirt... (The County Press, 61 days ago)
- Successful aging includes... (The County Press, 61 days ago)
- JE Dunn employees use tec... (Human Resources News - Hu..., 131 days ago)

If you click the **Show More** link below the **Subject: Major Heading** list, you will see more subject headings. Note that you now have **obesity** and **child nutrition** listed as subject headings.



The screenshot shows a search results page for 'nutrition: EBSCOhost'. A 'Subject: Major Heading' limit window is open, displaying a table of subject headings and their hit counts. The table is as follows:

Name	Hit Count
nutrition	12,285
diet	8,120
enteral nutrition	5,202
nutrition education	4,602
obesity	3,421
health promotion	3,418
nutritional status	3,099
nutrition disorders	3,015
child nutrition	2,776

The window also includes 'Update' and 'Cancel' buttons at the bottom. The background search results page shows a list of source types and a 'Subject: Major Heading' section with a 'Show More' link.

If you select terms from the **Subject: Major Heading** limit window, it will limit the search that you are currently in. If you wish to perform a new search using the subject term(s) that you found, simply click cancel on the subject heading window to return to the search screen. Then go back to the top of the page and input your subject terms and select **MH Exact Subject Heading** from the **Select a field (optional)** box.

Use your results to modify your search. In the below search, “nutrition” is searched as a subject. You can look through the results and see what other terms you can use to modify the search. Since “nutrition” is a very broad term, you may want to narrow the search a little. A search for “child nutrition” as a subject will do this.

The screenshot shows a web browser window displaying the EBSCOhost search results page. The browser's address bar shows the URL [web.a.ebscohost.com/ehost/resultsadv](http://web.a.ebscohost.com/ehost/resultsadv). The search interface includes a search bar with the term "nutrition" and a dropdown menu set to "MH Exact Subject Heading". A green "Search" button is visible. Below the search bar are two rows of "AND" operators and "Select a Field (optional)" dropdown menus. The search results are displayed in a list format, showing two results. The first result is titled "1. The role of nutritional and environmental health in preventing birth defects." and includes a link to "PDF Full Text". The second result is titled "2. Overcoming the barriers of vitamin D in pregnancy: A midwifery public health perspective." and also includes a link to "PDF Full Text". On the left side, there is a "Refine Results" panel with options to "Limit To" by "Full Text", "References Available", and "Abstract Available", and a "Publication Date" range from 1937 to 2018. On the right side, there is a "Newsires" panel with links to "Louisiana center gets gra...", "Panel reverses, says whi...", and "Obama to seek \$12B from C...".

Adding keywords or additional subject headings to a search will further focus the search and help to locate more relevant articles.

In the below search, the subject heading “nutrition” has been changed to the more precise subject heading “child nutrition” and the keyword “obesity” has been added to the search. Again, look through the results to see what has been returned and look for alternate or additional subjects to add to the search to focus further.

The screenshot displays a web browser window with the URL [web.a.ebscohost.com/ehost/resultsadv](http://web.a.ebscohost.com/ehost/resultsadv). The search interface includes a search bar with the terms "child nutrition" and "obesity" entered, along with a "Search" button. The search results are displayed in a list format, with the first result being "1. Childhood Obesity in a Rural Community: First Steps to Cultivating Change." The second result is partially visible: "2. Further government measures to tackle the childhood".

**Search Interface:**

- Search terms: child nutrition AND obesity
- Search button: Search
- Options: Create Alert, Clear
- Navigation: Basic Search, Advanced Search, Search History

**Search Results:**

Search Results: 1 - 10 of 1,379

1. **Childhood Obesity in a Rural Community: First Steps to Cultivating Change.**

(includes abstract) Turner Johnson, Paige; Montgomery, Michele; Clark, Melissa; Taylor, Caitlin; Online Journal of Rural Nursing & Health Care, 2017; 17(2): 126-147. 22p. (Article - research, tables/charts) ISSN: 1539-3399

Subjects: Pediatric Obesity Prevention and Control; Health Promotion In Infancy and Childhood; Health Behavior In Infancy and Childhood; Behavioral Changes In Infancy and Childhood; Rural Health In Infancy and Childhood; Adult: 19-44 years; Middle Aged: 45-64 years; Aged: 65+ years; Child: 6-12 years; Male; Female

PDF Full Text

2. **Further government measures to tackle the childhood**

**Refine Results:**

- Current Search: Find all my search terms: MH child nutrition AND obesity
- Limit To: Full Text, References Available, Abstract Available
- Publication Date: 1985 to 2018

Continue to add subject terms or keywords against your main search to locate relevant articles. In this search, the keyword searches of “obesity” and “physical activity” have been added to the subject search of “child nutrition.” Play with the various synonyms that you find for your topic and if of interest, add a specific population to the search to focus.

The screenshot shows a web browser window displaying the EBSCOhost search results page. The search query is "child nutrition AND obesity AND physical activity". The results are sorted by Relevance, showing 1 - 10 of 416 results. The first result is titled "Juvenile obesity, physical activity, and lifestyle changes: cornerstones for prevention and management." and is from the journal "Academic Journal". The second result is titled "Afro-Caribbean Mothers' Cultural Perceptions of their Child's Weight and Food Practices in London and New York". The left sidebar shows the "Refine Results" section with "Limit To" options for Full Text, References Available, and Abstract Available, and a "Publication Date" slider set from 1997 to 2018.

Once you have focused into your best searches, you can limit your results to peer-reviewed or to a date limit. On the results screen, to limit to peer-reviewed items, click on the **Show More** link under the **Limit To** area and a limits window will open. Click in the box under **Peer Reviewed** and click the **Search** button at the top of the window. This will limit your current results. You can also add date limits here or use the publication date slider under the **Limit To** area.

To see how to add items to a folder and how to print, email and save items from a folder, continue to the next tutorial entitled: “Adding Items to a Folder in EBSCOhost.”